

Student Wellness Program

The Board of Education recognizes that student wellness and proper nutrition are related to students' well-being, growth, development, and readiness to learn. The Board is committed to providing a school environment that promotes and protects student wellness, proper nutrition, nutrition education, and regular physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.

I. Nutrition Guidelines

Recognizing the importance of student wellness and proper nutrition Cherokee County School District supports participation in the National School Lunch and Breakfast program in all schools, as well as other Federal school meal programs for which schools qualify. All foods and beverages made available for purchase on campus during the school day will be in compliance with the Smart Snacks in Schools regulations as required for participation in the National School Lunch program. Standards may also be established for all foods and beverages provided, but not sold, to students during the school day, as well as policies for food and beverage marketing to students. Guidelines for reimbursable school meals will not be less restrictive than regulations issued by the Healthy, Hunger-Free Kids Act of 2010 and any applicable updates to federal policy, as those regulations and guidance apply to schools. The superintendent or designee will develop procedures for operation of the school nutrition program at each school during the day with the objectives of promoting school health and reducing childhood obesity.

II. Nutrition Education

It is the intent of the Board that the district will teach, encourage and support healthy eating by students. Schools will provide nutrition education consistent with federal and state requirements and engage in nutrition promotion aimed at attainment of goals as described in guidelines established for these purposes and contained in the Principals' Handbook.

III. Physical Education

All students in grades K-12 will have opportunities, support and encouragement to be physically active on a regular basis. The district will provide physical education consistent with federal and state requirements and engage in promotion of physical activities aimed at attainment of goals as described in guidelines established for these purposes and contained in the Principals' Handbook.

IV. Other School-Based Activities

The superintendent or designee will develop procedures that promote attainment of goals related to other school-based activities to promote wellness as described in guidelines established for these purposes and contained in the Principals' Handbook.

V. Implementation

The Superintendent or designee will be responsible for overseeing the implementation of the local school wellness policy and will develop procedures for evaluation, including indicators that may be used to measure the schools' success in meeting the goals contained in the Principals' Handbook. The principal or designee will be charged with operational responsibility for ensuring that the school works toward meeting the goals set within the local wellness policy at the individual school level and will report on the school's compliance to the Superintendent or designee.

School Nutrition Program staff at the school or district level will monitor compliance with nutrition regulations and will report on this matter to the Superintendent at the district level, or to the school principal at the school level.

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