

Middle School Menu

September 2017



| | | | | | |
|--|--|--|---|--|--|
| | | | | 9/1 Breakfast Pastry Pancakes/French Toast/Waffles | |
| | | | | Bacon Cheeseburger OR Spicy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Baked Beans Carrot Dippers | |
| 9/4 | 9/5 Yogurt w/Crackers Breakfast Pizza | 9/6 Breakfast Pastry Pancakes/French Toast/Waffles | 9/7 Yogurt w/Crackers Breakfast Pizza | 9/8 Breakfast Pastry Pancakes/French Toast/Waffles | |
| | Crispito & Taco OR Personal Pizza OR Chef Salad Seasoned Corn Refried Beans Red Gold Salsa Lettuce/Tomato | Wild Mike's Wednesday Pizza OR Homemade Italian Pasta Bake OR Popcorn Chicken Salad Fresh Garden Side Salad Seasoned Green Beans | Buffalo Chicken w/Roll OR Pulled Pork Sandwich OR Pizzeria Choice OR Chef Salad Seasoned Garden Peas Homemade Potato Salad Carrot Dippers | Hot Dog OR Crispy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Creamy Coleslaw Baked Beans | |
| 9/11 Breakfast Pastry Pancakes/French Toast/Waffles | 9/12 Yogurt w/Crackers Breakfast Pizza | 9/13 Breakfast Pastry Pancakes/French Toast/Waffles | 9/14 Yogurt w/Crackers Breakfast Pizza | 9/15 Breakfast Pastry Pancakes/French Toast/Waffles | |
| All Beef Hamburger OR Crispy Chicken Nuggets OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Seasoned Garden Peas | Fiesta Nachos OR Personal Pizza OR Chef Salad Refried Beans Seasoned Corn Red Gold Salsa Lettuce/Tomato | Wild Mike's Wednesday Pizza OR Corn Dog OR Popcorn Chicken Salad Fresh Garden Side Salad Baked Beans Carrot Dippers | Pasta & Meatsauce w/Parmesan Garlic Roll OR Cheese Stuffed Breadsticks w/Marinara OR Chef Salad Garden Side Salad Crisp Cucumber Tomato Salad | Oven Fried Chicken w/Roll OR Pulled Pork w/Roll OR Pizzeria Choice OR Popcorn Chicken Salad Mashed Potatoes Seasoned Garden Peas Creamy Coleslaw | |
| 9/18 | 9/19 | 9/20 | 9/21 | 9/22 | |
| | | | | | |
| 9/25 Breakfast Pastry Pancakes/French Toast/Waffles | 9/26 Yogurt w/Crackers Breakfast Pizza | 9/27 Breakfast Pastry Pancakes/French Toast/Waffles | 9/28 Yogurt w/Crackers Breakfast Pizza | 9/29 Breakfast Pastry Pancakes/French Toast/Waffles | |
| Corn Dog Bites OR Chicken Tender Wrap OR Pizzeria Choice OR Crispy French Fries Seasoned Green Beans | Popcorn Chicken w/Roll OR Country Fried Steak w/Roll OR Pizzeria Choice OR Chef Salad Seasoned Gravy Creamy Mashed Potatoes Seasoned Garden Peas | Wild Mike's Wednesday Pizza OR Philly Cheesesteak OR Popcorn Chicken Salad Peppers & Onions Carrot Dippers Broccoli Salad | General Tso's Chicken w/Rice OR Personal Pizza OR Chef Salad Steamed Broccoli Fresh Garden Side Salad | Bacon Cheeseburger OR Spicy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Baked Beans Carrot Dippers | |

Applications for Free or Reduced meals are available all year at the school.

Manage and monitor your student's account at: K12paymentcenter.com

Meal Prices

| | |
|------------------|--------|
| Breakfast | |
| Reduced | \$0.30 |
| Paid | \$1.50 |
| Lunch | |
| Reduced | \$0.40 |
| Paid | \$2.60 |

Allergens
Our SNP serves a prewrapped peanut butter and jelly sandwich in some schools, all other products do not contain peanuts or treenuts in the ingredient lists, however, we cannot guarantee they are made in peanut free facilities.

Are you looking for a part-time position in a fast paced environment working with children?

A School Nutrition Substitute is the job for you!

Becoming a substitute is a great way to enter a permanent career with the School Nutrition Program for Cherokee County Schools.

To apply visit the online application website: [CCSD AppliTrack Application](http://CCSD.AppliTrack.Application)



Check out our School Nutrition Website
<http://cherookee12.net/schoolnutrition>
Complete an online Free/Reduced Meal Application at
www.lunchapplication.com

Farm 2 School
This Month Features

| | |
|----------|----------------|
| Cabbage | Corn |
| Cucumber | Grapes |
| Honey | Peaches |
| Peas | Peppers |
| | Sweet Potatoes |
| Squash | Tomatoes |
| | Watermelon |

Daily Breakfast Choices:
Chicken or Sausage Biscuit
Cereal w/Crackers
100% Fruit Juice
Fruit Choice
Milk

Daily Lunch Choices:
Vegetarian Salad Option
Grab-n-Go:
Deli Sandwich
Fruit & Yogurt
PBJ
Fruit Choice
Veggie Dippers
100% Fruit Juice
Milk

A reimbursable breakfast consists of 1 item from each of the following groups:
1)Entrée
2)Milk
3)Fruit
4)100% Fruit Juice
Students may choose not to take one of the groups however, they must take a fruit serving.

A reimbursable lunch consists of 1 item from each of the 5 groups*:
1) Meat/Meat Alternate
2) Grain
3) Vegetable/Side
4) Fruit
5) Milk
Students may choose not to take 2 of the groups, however, they must take at least 3 of the 5 groups one must be a fruit or vegetable serving .

*Menu items are subject to change based off of product availability.

This institution is an equal opportunity provider.

Middle School Menu

National School Lunch Week
October 9 - October 13

October 2017



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Meal Prices

Breakfast

Reduced \$0.30
Paid \$1.50

Lunch

Reduced \$0.40
Paid \$2.60

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| | | | | |
|--|--|---|---|--|
| 10/2 Breakfast Pastry Pancakes/French Toast/Waffles | 10/3 Yogurt w/Crackers Breakfast Pizza | 10/4 Breakfast Pastry Pancakes/French Toast/Waffles | 10/5 Yogurt w/Crackers Breakfast Pizza | 10/6 Breakfast Pastry Pancakes/French Toast/Waffles |
| Crispy Chicken Nuggets OR Grilled Cheese Sandwich w/Tomato Soup OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Broccoli w/Cheese Sauce Baked Beans | Crispito & Taco OR Personal Pizza OR Chef Salad Seasoned Corn Refried Beans Red Gold Salsa Lettuce/Tomato | Wild Mike's Wednesday Pizza OR Homemade Italian Pasta Bake OR Popcorn Chicken Salad Fresh Garden Side Salad Seasoned Green Beans | Buffalo Chicken w/Roll OR Pulled Pork Sandwich OR Pizzeria Choice OR Chef Salad Seasoned Garden Peas Homemade Potato Salad Carrot Dippers | Hot Dog OR Crispy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Creamy Coleslaw Baked Beans |
| 10/9 Breakfast Pastry Pancakes/French Toast/Waffles | 10/10 Yogurt w/Crackers Breakfast Pizza | 10/11 Breakfast Pastry Pancakes/French Toast/Waffles | 10/12 Yogurt w/Crackers Breakfast Pizza | 10/13 Breakfast Pastry Pancakes/French Toast/Waffles |
| All Beef Hamburger OR Crispy Chicken Nuggets OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Seasoned Garden Peas | Fiesta Nachos OR Personal Pizza OR Chef Salad Refried Beans Seasoned Corn Red Gold Salsa Lettuce/Tomato | Wild Mike's Wednesday Pizza OR French Toast w/Sausage OR Popcorn Chicken Salad Fresh Garden Side Salad Carrot Dippers GA Grown Apples Hot Cinnamon Apples | Pasta & Meatsauce w/Parmesan Garlic Roll OR Cheese Stuffed Breadsticks w/Marinara OR Chef Salad Garden Side Salad Locally Grown Cucumber Tomato Salad | Oven Fried Chicken w/Roll OR Pulled Pork w/Roll OR Pizzeria Choice OR Popcorn Chicken Salad Mashed Potatoes Seasoned Garden Peas Creamy Coleslaw |
| 10/16 Breakfast Pastry Pancakes/French Toast/Waffles | 10/17 Yogurt w/Crackers Breakfast Pizza | 10/18 Breakfast Pastry Pancakes/French Toast/Waffles | 10/19 Yogurt w/Crackers Breakfast Pizza | 10/20 Breakfast Pastry Pancakes/French Toast/Waffles |
| Corn Dog Bites OR Chicken Tender Wrap OR Pizzeria Choice OR Seasoned Potato Wedges Seasoned Green Beans | Popcorn Chicken w/Roll OR Country Fried Steak w/Roll OR Pizzeria Choice OR Chef Salad Seasoned Gravy Creamy Mashed Potatoes Seasoned Garden Peas | Wild Mike's Wednesday Pizza OR Philly Cheesesteak OR Popcorn Chicken Salad Peppers & Onions Carrot Dippers Broccoli Salad | General Tso's Chicken w/Rice OR Personal Pizza OR Chef Salad Steamed Broccoli Fresh Garden Side Salad | Bacon Cheeseburger OR Spicy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Baked Beans Carrot Dippers |
| 10/23 Breakfast Pastry Pancakes/French Toast/Waffles | 10/24 Yogurt w/Crackers Breakfast Pizza | 10/25 Breakfast Pastry Pancakes/French Toast/Waffles | 10/26 Yogurt w/Crackers Breakfast Pizza | 10/27 |
| Crispy Chicken Nuggets OR Grilled Cheese Sandwich w/Tomato Soup OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Broccoli w/Cheese Sauce Baked Beans | Crispito & Taco OR Personal Pizza OR Chef Salad Seasoned Corn Refried Beans Red Gold Salsa Lettuce/Tomato | Wild Mike's Wednesday Pizza OR Homemade Italian Pasta Bake OR Popcorn Chicken Salad Fresh Garden Side Salad Seasoned Green Beans | Buffalo Chicken w/Roll OR Pulled Pork Sandwich OR Pizzeria Choice OR Chef Salad Seasoned Garden Peas Homemade Potato Salad Carrot Dippers | Hot Dog OR Crispy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Creamy Coleslaw Baked Beans |
| 10/30 Breakfast Pastry Pancakes/French Toast/Waffles | 10/31 Yogurt w/Crackers Breakfast Pizza | | | |
| All Beef Hamburger OR Crispy Chicken Nuggets OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Seasoned Garden Peas | Fiesta Nachos OR Personal Pizza OR Chef Salad Refried Beans Seasoned Corn Red Gold Salsa Lettuce/Tomato | | | |

Farm 2 School This Month Features

- Apples
- Beans
- Broccoli
- Carrots
- Lettuce
- Sweet Potatoes
- Squash
- Tomatoes

Daily Breakfast Choices:
Chicken or Sausage Biscuit
Cereal w/Crackers
100% Fruit Juice
Fruit Choice
Milk

Daily Lunch Choices:
Vegetarian Salad Option
Grab-n-Go:
Deli Sandwich
Fruit & Yogurt
PBJ
Fruit Choice
Veggie Dippers
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Milk

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