

Middle School Menu

November 2017



		<p>11/1 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Wild Mike's Wednesday Pizza OR Corn Dog OR Popcorn Chicken Salad Fresh Garden Side Salad Baked Beans Carrot Dippers</p>	<p>11/2 Yogurt w/Crackers Breakfast Pizza</p> <p>Pasta & Meatsauce w/Parmesan Garlic Roll OR Cheese Stuffed Breadsticks w/Marinara OR Chef Salad Fresh Garden Side Salad Locally Grown Cucumber Tomato Salad</p>	<p>11/3 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Oven Fried Chicken w/Roll OR Pulled Pork w/Roll OR Pizzeria Choice OR Popcorn Chicken Salad Mashed Potatoes Seasoned Garden Peas Creamy Coleslaw</p>
<p>11/6 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Corn Dog Bites OR Chicken Tender Wrap OR Pizzeria Choice OR Seasoned Potato Wedges Seasoned Green Beans</p>	<p>11/7</p> <p>Staff Development & Conference Day</p>	<p>11/8 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Wild Mike's Wednesday Pizza OR Philly Cheesesteak OR Popcorn Chicken Salad Peppers & Onions Carrot Dippers Broccoli Salad</p>	<p>11/9 Yogurt w/Crackers Breakfast Pizza</p> <p>General Tso's or Orange Chicken w/Rice OR Personal Pizza OR Chef Salad Steamed Broccoli Fresh Garden Side Salad</p>	<p>11/10 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Bacon Cheeseburger OR Spicy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Baked Beans Carrot Dippers</p>
<p>11/13 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Crispy Chicken Nuggets OR Grilled Cheese Sandwich w/Tomato Soup OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Broccoli w/Cheese Sauce Baked Beans</p>	<p>11/14 Yogurt w/Crackers Breakfast Pizza</p> <p>Crispito & Taco OR Personal Pizza OR Chef Salad Seasoned Corn Refried Beans Red Gold Salsa Lettuce/Tomato</p>	<p>11/15 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Wild Mike's Wednesday Pizza OR Homemade Italian Pasta Bake OR Popcorn Chicken Salad Fresh Garden Side Salad Seasoned Green Beans</p>	<p>11/16 Yogurt w/Crackers Breakfast Pizza</p> <p>Buffalo Chicken w/Roll OR Pulled Pork Sandwich OR Pizzeria Choice OR Chef Salad Seasoned Garden Peas Homemade Potato Salad Carrot Dippers</p>	<p>11/17 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Hot Dog OR Crispy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Creamy Coleslaw Baked Beans</p>
<p>11/20</p>	<p>11/21</p>	<p>11/22</p>	<p>11/23</p>	<p>11/24</p>
<p style="text-align: center;">Thanksgiving Break No School</p>				
<p>11/27 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Crispy Chicken Nuggets OR All Beef Hamburger OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Seasoned Garden Peas</p>	<p>11/28 Yogurt w/Crackers Breakfast Pizza</p> <p>Fiesta Nachos OR Personal Pizza OR Chef Salad Refried Beans Seasoned Corn Red Gold Salsa Lettuce/Tomato</p>	<p>11/29 Breakfast Pastry Pancakes/French Toast/Waffles</p> <p>Wild Mike's Wednesday Pizza OR Corn Dog OR Popcorn Chicken Salad Fresh Garden Side Salad Baked Beans Carrot Dippers</p>	<p>11/30 Yogurt w/Crackers Breakfast Pizza</p> <p>Pasta & Meatsauce w/Parmesan Garlic Roll OR Cheese Stuffed Breadsticks w/Marinara OR Chef Salad Fresh Garden Side Salad Locally Grown Cucumber Tomato Salad</p>	

Applications for Free or Reduced meals are available all year at the school.

Manage and monitor your student's account at: K12paymentcenter.com

Meal Prices

Breakfast	Reduced \$0.30	Paid \$1.50
Lunch	Reduced \$0.40	Paid \$2.60

Allergens
Our SNP serves a prewrapped peanut butter and jelly sandwich in some schools, all other products do not contain peanuts or treenuts in the ingredient lists, however, we cannot guarantee they are made in peanut free facilities.

Are you looking for a part-time position in a fast paced environment working with children?
A School Nutrition Substitute is the job for you!
Becoming a substitute is a great way to enter a permanent career with the School Nutrition Program for Cherokee County Schools.



To apply visit the online application website: [CUSD AppliTrack Application](http://CUSD.AppliTrack.Application)

Check out our School Nutrition Website <http://cherookee12.net/schoolnutrition>
Complete an online Free/Reduced Meal Application at www.lunchapplication.com

Farm 2 School
This Month Features

- Apples
- Beans
- Broccoli
- Carrots
- Lettuce
- Sweet Potatoes
- Squash
- Tomatoes

Daily Breakfast Choices:
Chicken or Sausage Biscuit
Cereal w/Crackers
100% Fruit Juice
Fruit Choice
Milk

Daily Lunch Choices:
Vegetarian Salad Option
Grab-n-Go:
Deli Sandwich
Fruit & Yogurt
PBJ
Fruit Choice
Veggie Dippers
100% Fruit Juice
Milk

A reimbursable breakfast consists of 1 item from each of the following groups:
1)Entrée
2)Milk
3)Fruit
4)100% Fruit Juice
Students may choose not to take one of the groups however, they must take a fruit serving.

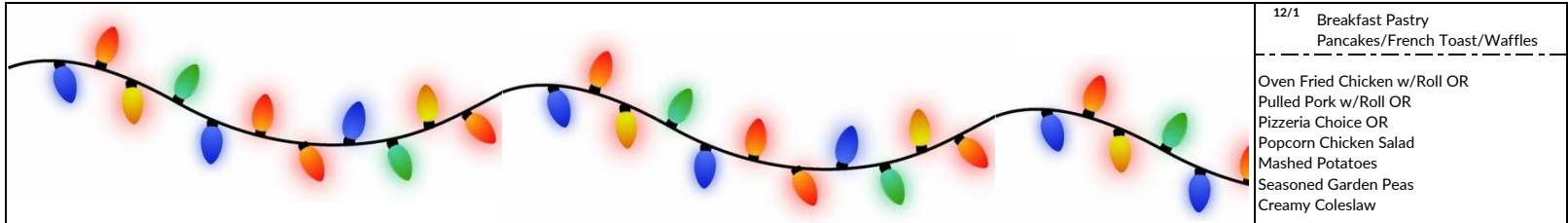
A reimbursable lunch consists of 1 item from each of the 5 groups*:
1) Meat/Meat Alternate
2) Grain
3) Vegetable/Side
4) Fruit
5) Milk
Students may choose not to take 2 of the groups, however, they must take at least 3 of the 5 groups one must be a fruit or vegetable serving .

*Menu items are subject to change based off of product availability.

This institution is an equal opportunity provider.

Middle School Menu

December 2017



Farm 2 School
This Month Features

- Apples
- Beans
- Broccoli
- Carrots
- Lettuce
- Potatoes
- Sweet Squash
- Tomatoes

Applications for Free or Reduced meals are available all year at the school.


12/4 Breakfast Pastry Pancakes/French Toast/Waffles	12/5 Breakfast Pizza Yogurt w/WG Crackers	12/6 Breakfast Pastry Pancakes/French Toast/Waffles	12/7 Breakfast Pizza Yogurt w/WG Crackers	12/8 Breakfast Pastry Pancakes/French Toast/Waffles
Corn Dog Bites OR Chicken Tender Wrap OR Pizzeria Choice OR Seasoned Potato Wedges Seasoned Green Beans	Popcorn Chicken w/Roll OR Country Fried Steak w/Roll OR Pizzeria Choice OR Chef Salad Seasoned Gravy Creamy Mashed Potatoes Seasoned Garden Peas	Wild Mike's Wednesday Pizza OR Philly Cheesesteak OR Popcorn Chicken Salad Peppers & Onions Carrot Dippers Broccoli Salad	General Tso's or Orange Chicken w/Rice OR Personal Pizza OR Chef Salad Steamed Broccoli Fresh Garden Side Salad	Bacon Cheeseburger OR Spicy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Baked Beans Carrot Dippers

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12/11 Breakfast Pastry Pancakes/French Toast/Waffles	12/12 Breakfast Pizza Yogurt w/WG Crackers	12/13 Breakfast Pastry Pancakes/French Toast/Waffles	12/14 Breakfast Pizza Yogurt w/WG Crackers	12/15 Breakfast Pastry Pancakes/French Toast/Waffles
Crispy Chicken Nuggets OR Grilled Cheese Sandwich w/Tomato Soup OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Broccoli w/Cheese Sauce Baked Beans	Crispito & Taco OR Personal Pizza OR Chef Salad Seasoned Corn Refried Beans Red Gold Salsa Lettuce/Tomato	Wild Mike's Wednesday Pizza OR Homemade Italian Pasta Bake OR Popcorn Chicken Salad Fresh Garden Side Salad Seasoned Green Beans	Buffalo Chicken w/Roll OR Pulled Pork Sandwich OR Pizzeria Choice OR Chef Salad Seasoned Garden Peas Homemade Potato Salad Carrot Dippers	Hot Dog OR Crispy Chicken Sandwich OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Creamy Coleslaw Baked Beans

Meal Prices

Breakfast	Reduced \$0.30	Paid \$1.50
Lunch	Reduced \$0.40	Paid \$2.60

12/18 Breakfast Pastry Pancakes/French Toast/Waffles	12/19 Breakfast Pizza Yogurt w/WG Crackers	12/20 Breakfast Pastry Pancakes/French Toast/Waffles	12/21 Breakfast Pizza Yogurt w/WG Crackers	12/22
Crispy Chicken Nuggets OR All Beef Hamburger OR Pizzeria Choice OR Popcorn Chicken Salad Crispy French Fries Seasoned Garden Peas	Fiesta Nachos OR Personal Pizza OR Chef Salad Refried Beans Seasoned Corn Red Gold Salsa Lettuce/Tomato	Wild Mike's Wednesday Pizza OR Corn Dog OR Popcorn Chicken Salad Fresh Garden Side Salad Baked Beans Carrot Dippers	Pasta & Meatsauce w/Parmesan Garlic Roll OR Cheese Stuffed Breadsticks w/Marinara OR Chef Salad Garden Side Salad Locally Grown Cucumber Tomato Salad	

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Daily Breakfast Choices:
Chicken or Sausage Biscuit
Cereal w/Crackers
Breakfast Pastry
100% Fruit Juice
Chilled Fruit
Fresh Fruit
Milk

Daily Lunch Choices:
Grab N Go:
- Yogurt or PBJ
100% Fruit Juice
Fresh Fruit
Chilled Fruit
Milk

A reimbursable breakfast consists of 1 item from each of the following groups:

- 1) Entrée
- 2) Milk
- 3) Fruit
- 4) 100% Fruit Juice

Students may choose not to take one of the groups however, they must take a fruit serving.

A reimbursable lunch consists of 1 item from each of the 5 groups*:

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- 2) Grain
- 3) Vegetable/Side
- 4) Fruit
- 5) Milk

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